



TORTOUR

TORTOUR 1000 RULES
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0 GLOSSARY

Athletes:	See "Riders"
Escort vehicles:	"Escort vehicles" is the term used for officially designated and registered motorised vehicles used by participating teams during the race.
Crew (member):	A crew member is someone who actively and continuously assists a rider/team in any function for a specified period of time. Crew members must be officially registered. Riders in teams of 4 or 6 can assist crew members in driving the escort vehicles during the race.
Follow-car mode:	Follow-car mode allows the rider to be followed directly by an escort vehicle. This mode is permitted (but not mandatory) when racing at night between the hours of 8:30 p.m. and 6:30 a.m.
Leapfrog mode	Leapfrog mode prohibits the rider being followed at his racing speed by an escort vehicle. Instead, the vehicle must overtake the rider and wait for the athlete at an appropriate place. This procedure can be repeated as often as required.
Marshals:	Marshals are designated officials on motorbikes.
Officials:	Officials are members of the TORTOUR organisation who are present along the race route in designated vehicles.
Riders:	Riders are registered cyclists who are participating in TORTOUR as a solo competitor or in a team of 2, team of 4 or TTT team. Throughout this rule book, the term "rider" will generally denote an active participant (i.e. an athlete who is cycling at that time).
Race jury:	The race jury is the neutral body that makes decisions on any challenges submitted. The race jury consists of the race committee and other natural persons. The race committee also acts as chair of the race jury and, as such, is responsible for all proceedings.
Race committee:	The race committee is the highest authoritative figure. The race committee is responsible for the execution of the entire race and takes decisions on disqualifications. During the race, the committee is supported by the race office.
Race office:	The race office supports the race committee during the race and is the first contact point for any information.
Team (member):	Team members are the riders and crew members participating in the race under the same start number.
Time station:	A time station is the changeover area specified by the organisers where riders' times are also recorded and used to generate an intermediate ranking.
Tracking device:	Each team receives a tracking device from the organisers (on loan). This device must be carried by the active riders at all times.
Motor homes:	Each team of 6 may register and use a maximum of one motor home. There are no specific restrictions on the dimensions of the motor home.



1 GENERAL RACE INFORMATION

1.1 INTRODUCTION

The official language of TORTOUR is German.

It is the responsibility of the participants to read these rules before the briefing and to direct any questions directly to the race committee or in an e-mail to info@tortour.com. Claiming ignorance will not be accepted as an excuse for not adhering to the rules.

The Ridersbook, which will be launched shortly before the event, forms a supplementary part of these regulations.

These rules restrict race strategy and performance to the minimum-possible degree. They are in place to help control the race, to ensure participants comply with legal requirements, and to avoid hazardous situations. TORTOUR is a serious test of endurance for all those who take part. These rules are intended to ensure maximum safety and fairness.

Penalties and sanctions are always imposed on the entire team. Ultimately, responsibility for safety and fair play always lies with the participants (riders and crew members).

The organizer expressly reserves the right to reject registrations.

1.2 LIABILITY / LEGAL INFORMATION

All those who participate in TORTOUR do so at their own risk and assume full responsibility for their own safety. The organisers deny any and all liability for injury to persons and property (riders, crew members, accompanying persons, vehicles, materials, etc.). Each individual participant (i.e. every rider and every crew member) is responsible for his/her own accident, health, property and liability insurance. Before participating at the TORTOUR, all participants must accept and sign the TORTOUR exclusion of liability and release the race organisers and its helpers from all liability claims, to the extent that the law allows. Signing the exclusion of liability is a prerequisite for participating in TORTOUR.

1.3 REGULATIONS LAID DOWN BY THE RACE COMMITTEE HAVE PRIORITY

It is the sole discretion of the race committee to interpret the rules in the spirit of the TORTOUR philosophy. The race committee may issue new rules before and during the race, and can also adapt the rules if this is deemed necessary to ensure TORTOUR remains fair and safe. The race committee assumes full responsibility for such decisions. The race committee's decisions may not be challenged, except in accordance with point 1.5.

1.4 UNFORESEEN INCIDENTS

Cancellation or termination of the event for reasons of safety, force majeure or other important reasons will not trigger a refund of the participation fee or claims for damages in favour of the participants. Also for hotel costs of crew members or possible cancellation fees in case of a short notice cancellation of the event no claims for damages can be made to the TORTOUR GmbH.

In the event of cancellation up to 6 weeks before the event, a transfer to the following event is possible. Entry fees will not be refunded. Also not in case of cancellation with medical certificate.

The organizer recommends to sign an insurance against cancellation costs. This insurance is not offered by the organizer and is the responsibility of the participant.

Riders and crew may be confronted with unforeseen incidents during the race. The race committee and race organisers cannot be held accountable for such eventualities. In such cases, they will not grant any time bonuses, deduct time from the total time of a rider/team, or favour a rider/team in any way. Such eventualities include traffic lights, traffic jams, trains, diversions, roadworks, cows, wind, storms, snow, avalanches, earthquakes or other hindrances that are outside the organisers' control.



1.5 PANDEMICS/EPIDEMICS

If the event has to be cancelled due to a pandemic or epidemic (such as Covid-19), the participation fees will be subject to the following scheme:

Cancellation until 6 weeks before the event. You have the choice between:

- 100% refund (admin fee CHF 15)
- Transfer of the starting place to the following event

Cancellation until 2 weeks before the event. You have the choice between:

- Refund 2/3 of the participation fees
- Transfer of the starting place to the following event (admin fee CHF 15)

Cancellation less than 2 weeks before the event:

- In case of cancellation due to a pandemic/epidemic in the last 2 weeks before the event, the organizer reserves the right to first assess the situation and based on that, decide on the procedure with already paid participation fees.

With the registration all riders and the team commit themselves to accept all guidelines, protective measures and concepts which are set up by TORTOUR GmbH due to a pandemic/epidemic.

1.6 CHALLENGING A RACE DECISION

1. Challenges can only be made against warnings, penalties or disqualifications. Only written, detailed challenges submitted by the team leader or his/her substitute will be accepted. These must include a reason as to why a certain decision should be taken or revoked. A written statement from a witness or recordings of the disputed incident can be included as evidence. "Written" denotes either a letter printed on paper or an e-mail, with the latter requiring the team leader to call and confirm that the e-mail has been received. A telephone call to confirm receipt is not necessary if the race committee confirms arrival of the e-mail. Vague complaints do not constitute a valid challenge. Challenges must be submitted to the TORTOUR race committee no later than four hours after the rider/team in question completes the race / crosses the finish line.
2. The race committee leads the entire process, and begins by promptly informing the race jury that a challenge has been submitted. At least two members of the race jury must be involved for the jury's decision to be valid. The team will be informed as to whether their challenge is being investigated or dismissed. If the team leader or substitute does not respond to a summons from the race jury within two hours, either before or after the investigation has been opened, the challenge will be dismissed.
3. The decision made is at the sole discretion of the race jury. A ruling by the race jury is final.
4. When submitting a challenge, a deposit of CHF 200 must be paid to the race committee. This deposit will be refunded if the challenge is successful; if it is rejected, this amount will be kept as a contribution towards the proceedings.

1.7 OFFICIAL RACE TIME

The official stopwatch is set at the start of the race and is not stopped under any circumstances. However, the race committee can award time adjustments under special circumstances (e.g. providing help at the scene of an accident. See Point 5.2.10.

1.8 RACE CATEGORIES

The first rider or the first team to cross the finish line in each category is the winner in that category. Bonuses may be given at specific points along the route. To receive this bonus, the rider/team must officially finish the race.



1.9 MINIMUM AGES

The minimum age for TORTOUR 1000 riders is as follows (reference is year of birth):

- | | |
|----------------------------|------------------------|
| - Solo / teams of 2: | Year of event minus 18 |
| - Teams of 4 / Teams of 6: | Year of event minus 16 |
| - Crew members: | Year of event minus 18 |

1.10 FINISHING THE RACE

1. All riders/teams in each category must reach the finish line within the allotted time (in accordance with the separate time schedule).
2. If a rider does not reach the specified timestations in the given time, he will generally not be listed in the TORTOUR ranking. The rider will be entered in the TORTOUR ranking list with the last officially covered distance. However, the race committee reserves the right to offer the participant the opportunity to make up for the gap on the marching table. This may lead to the communicated finish time being set as the relevant time frame.

2 RACE COMMITTEE / RACE OFFICE / RACE JURY / OFFICIALS / MARSHALS

2.1 GENERAL

The race committee is one natural person who is the race's highest authoritative figure. The director is responsible for the implementation of the entire race and makes decisions on disqualifications. During the race, the race committee is supported by the race office.

The race office is made up of several members and is the first point of contact for any queries regarding race rules. The race office communicates information via the telephone number provided by each team.

The race jury is the neutral body that makes decisions on any challenges submitted (see Point 1.5). The race jury consists of the race committee and other natural persons. The race committee also acts as chair of the race jury and, as such, is responsible for all proceedings. All rulings by the race jury are final and cannot be contested.

TORTOUR officials are members of the TORTOUR organisation. TORTOUR officials on motorbikes are called marshals. To simplify matters, both categories are hereinafter referred to as "officials".

Officials are advised to interact as little as possible with riders and crew members. They may not provide assistance (except in an emergency) or favour any racer.

1. Crew members and riders may approach officials during the race, but the officials can only pass on information and request further assistance. Officials cannot provide direct help and support in the event of problems (e.g. route, mechanical defects).
2. Any requests or questions regarding the rules that arise during the race should be directed to the TORTOUR race committee or to the officials present along the route.
3. Officials drive designated vehicles (motorbikes and cars) and are present in large numbers throughout the entire race. However, there are also "incognito officials" who might appear anywhere and at any time along the route. These officials will identify themselves as part of the TORTOUR organisational team.



2.2 PENALTIES (time penalties) AND WARNINGS

1. Time penalties imposed for disregarding traffic regulations and/or TORTOUR rules are accumulated throughout the race and always apply to the entire team. Riders and teams may accumulate a maximum of three penalties; a fourth penalty leads to disqualification. Any violation of the rules can result in a time penalty. All time penalties are added together (i.e. 1st + 2nd + 3rd time penalty = 50 minutes).
2. Breakdown of time penalties:

1st time penalty:	5 min
2nd time penalty:	15 min
3rd time penalty:	30 min
4th time penalty:	Disqualification
3. Officials are authorised to issue warnings. Each team may receive a maximum of two warnings; every further (third, fourth or fifth) warning is automatically converted into a time penalty by the race committee. A sixth warning automatically results in disqualification. Warnings are issued at the discretion of the race officials, who may also impose a time penalty immediately without prior warning.
4. Prerogative of the officials: It may occur that an official needs to stop a rider or crew member at a safe area in order to discuss regulations, safety matters, or other race-related issues. No time bonuses will be awarded to compensate for these interruptions.
5. Without being specifically instructed to do so by an official, the rider/team must sit out of the race for the duration of the accumulated time penalty before crossing the finish line.
6. Any rider, crew member or personal media team caught violating traffic regulations or not adhering to the race rules will be penalised. As with all penalties, the penalty imposed will apply to the entire respective team.

2.3 DISQUALIFICATION

The following violations can lead to immediate disqualification:

1. Ignoring or refusal to comply with the contractual terms and conditions of participation – particularly important are behaving in an appropriate and professional manner, signing the exclusion of liability, observing instructions from officials, and complying with the stipulated rules and regulations
2. The use of prohibited substances (in accordance with current WADA, NADA and UCI regulations) and the consumption of alcohol by riders or crew members
3. Refusal to take a urine test (riders), which can be requested by officials before, during or after the race
4. Transporting an active cyclist in a motorised vehicle without having received prior authorisation from an official or the race committee (except in emergency situations)
5. Not registering or insuring an escort vehicle correctly, or not correctly registering or identifying drivers/crew
6. Riders holding on to/attaching themselves to a vehicle (motorised or not) to move forwards
7. Riders or crew members behaving inappropriately, in such a way that could result in legal risks or pose a threat to the safety and reputation of other riders and their crew
8. Unsporting conduct either before, during or after the race



9. Intentionally altering signs to misdirect competitors or for any other reason
10. After three penalties, the fourth penalty (or sixth warning) results in automatic disqualification.

2.4 EXCLUSION

The TORTOUR race committee reserves the right to permanently exclude anyone from TORTOUR and its partner events if it becomes apparent that this person is causing problems for or damage to the organisation, whatever form this may take. This right will only be exercised under extreme circumstances.

3 POLICE AND TRAFFIC

3.1 GENERAL

TORTOUR takes place on public roads and is therefore subject to local regulations and laws. TORTOUR contacts all relevant public authorities before the race. The following points must be observed:

1. **Swiss traffic regulations should always be given top priority!** The TORTOUR race committee reserves the right to notify the relevant authorities of any severe violations of traffic regulations.
2. Exceptions are possible when cycling on roads that are normally closed to bicycles. The same applies to escort vehicles. Riders and drivers who follow the instructions and information provided in the TORTOUR Roadbook can assume that the authorities have been informed and that all requests have been discussed before the race.
3. Nevertheless, it may occur that certain police officers have not been informed about TORTOUR and pull a team over. Should this lead to a disagreement with the authorities, the race committee will decide whether to apply a time or distance adjustment.
4. TORTOUR takes place on public roads. It goes without saying that participants are expected to be polite and courteous towards other riders, drivers and road users.

3.2 TRAFFIC REGULATIONS

The violation of any Swiss traffic regulations, either by riders or crew, will lead to a penalty for the team. For exceptions see Point 3.1.2.

Riders should pay particular attention to the regulations listed under Point 5.1.

4 ESCORT VEHICLES AND CREW

4.1 GENERAL

4.1.1 Definitions

- **Escort vehicles** are motorised vehicles with at least four wheels (not quads) used to transport people and/or provide support for the TORTOUR riders.
- **Motor homes:** Every Team of 6 can register one motor home; motor homes are not permitted for solo riders, two-person or four-person teams. Vehicles such as VW T-models



California, Mercedes Marco Polo, Toyota Proace etc. are regarded as escort vehicles (not motor homes).

No size restrictions apply to motor homes.

Motorbikes, other two-wheel vehicles, and quads, may not be used as escort vehicles. The use of trailers is permitted (see Point 4.5.2).

4.1.2 Minimum/maximum number of registered escort vehicles per team

Category	Minimum	Maximum	
Solo	1 vehicle	1 vehicle	no motor home
Team of 2	1 vehicle	1 vehicle	no motor home
Team of 4	1 vehicle	1 vehicle	no motor home
Team of 6	1 vehicle	2 vehicles*	max. 1 motor home

*for sustainability reasons, the use of only 1 vehicle is desired.

For all escort vehicles applies:

Start numbers and other stickers are to be attached according to separate specification.

Random checks may be carried out.

When in use, the dipped headlights must be switched on during the day and at night.

Other road users or competitors must not be obstructed or blocked.

Permitted speeds must be observed AT ALL TIMES. Driving too slowly may also be considered a violation.

Teams are responsible for ensuring that the driver is fit to drive for the duration of the event.

4.1.3 Minimum/maximum number of crew members per category

Category	Minimum crew size	Maximum crew size
Solo	3	6
Team of 2	3	6
Team of 4	3	6
Team of 6	3	6

Each escort vehicle must be always occupied by at least two crew members.

Riders of teams of 4 and teams of 6 can support crew members during the race by driving the escort vehicles.

The minimum and maximum number of crew members permitted per team is binding. The organisers base their planning of the event on the maximum crew size.

4.2 LEAPFROG AND FOLLOW-CAR MODE

1. Definition of leapfrog mode

Leapfrog mode prohibits the rider being followed directly by an escort vehicle at his/her racing speed. Instead, the vehicle must overtake the rider and wait for the athlete at an appropriate place. This procedure can be repeated as often as required. However, drivers must ensure that they choose appropriate spots on solid ground to stop the cars. There should also always be a minimum distance of one metre between the parked vehicle and the road. Leapfrog mode generally applies throughout the entire TORTOUR race. At night (8:30 p.m. to 6:30 a.m.) follow-



car mode is permitted, but not obligatory. Exceptions to this rule are explicitly mentioned in the Roadbook.

2. Definition of follow-car mode

Follow-car mode allows the rider to be followed directly (at his/her racing speed) by an escort vehicle. This mode is only permitted at night (from 8:30 p.m. to 6:30 a.m.) but even then is not obligatory.

Motor homes (in teams of 6) may not be used as following cars.

4.3 OPERATION OF ESCORT VEHICLES

1. Driving parallel to the rider and passing food or drink from the moving vehicle is always forbidden. While overtaking, the exchange of verbal information is permitted but not for longer than ten seconds and not if this obstructs the flow of traffic.
2. Crew members handing over food, drink, and equipment must do so out of the escort vehicle.
3. When in follow-car mode, the escort vehicle must not hold up the traffic behind it for more than one minute. As soon as there are more than three vehicles behind the escort vehicle, the driver must pull over and let these vehicles pass.
4. Escort vehicles must follow the rider as close to the right-hand side of the road as possible.
5. Care must be taken particularly when one rider is overtaking another. The rider to be overtaken and his/her escort vehicle (in follow-car mode) must accept being overtaken by slowly moving to the right-hand side of the road. The rider who is overtaking must speed up and overtake on the left-hand side, with his/her escort vehicle following at a safe distance.
6. Escort vehicles and motor homes do not have to drive on the race route only; they may also use alternative roads.

4.4 LIGHTING AND AUDIO SYSTEMS

PA systems and flashing lights, or any other additional lights that do not comply with traffic regulations, are not permitted on escort vehicles. Additional vehicle lighting is allowed, provided it complies with official Swiss regulations.

4.5 SIGNS / TRAILERS

1. **TORTOUR stickers:** Stickers displaying the word "TORTOUR" will be provided for all vehicles driving on the race route. These stickers must be affixed to the vehicle or trailer according to a separate specification (see Ridersbook). The stickers are supplied by the event organisers.
2. Escort vehicles may not tow any other vehicles, motorbikes or scooters, but trailers are permitted. The total length of an escort vehicle (including trailer) may not exceed ten metres.
Important: There can be sections of the route where NO trailers are permitted.
3. Bike racks attached to the rear of escort vehicles must not obscure any of the obligatory TORTOUR signs or stickers.



5 GENERAL RULES DURING THE RACE

5.1 REGULATIONS FOR RIDERS

1. Under no circumstances may (active) riders be transported in vehicles along the race route, except in a medical emergency.
2. Riders must always wear properly fastened and approved helmets.
3. During the entire race, riders must ensure their start number is always clearly visible on their helmet.
4. Riders may not be pushed along in any way by a person or a vehicle. Exception: Riders in a team are allowed to give teammates a push start when they change over at time stations.
5. Riders may use bicycles with a flat tyre or other mechanical problems. However, if an official considers the situation unsafe, the rider must stop or continue to push the bicycle on foot until it has been replaced or repaired.
6. Riders are permitted to walk the TORTOUR route provided they are either carrying or pushing their bicycle with them at all times.
7. Riders may not block or obstruct competitors.
8. Riders may not cycle in the slipstream of other participants. If they want to cycle at the same speed as a rider/team in front, they must maintain a distance of at least 50 metres. This 50-metres-rule also applies to the escort vehicle of the cyclist ahead.

Slipstreaming is forbidden at all times (except within the same team)

9. Overtaking should last no longer than one minute. The rider who has been overtaken must drop back to a distance of at least 50 metres before he/she may also begin to overtake.
10. In teams of 4 and 6, half of the participants ride together.
11. Riders may not hold on to vehicles or people for balance when waiting at traffic lights or stop signs. They may, however, hold onto a permanently fixed object, such as a post.
12. Riders must stop for checks or medical assistance when instructed to do so by a TORTOUR official. Noncompliance will result in the team receiving a time penalty. Ignoring such instructions from TORTOUR officials may also result in disqualification.
13. Littering by race participants is forbidden and subject to a time penalty.
14. Urinating outdoors is generally discouraged, and prohibited when in close proximity to the road and visible to other road users. Noncompliance can result in a time penalty.

5.2 REGULATIONS FOR THE CREW AND ESCORT TEAMS

A crew member is someone who actively and continuously assists a rider/team in any function for a specified period of time. Unregistered helpers are not permitted. Riders and crew members together make up a team.

1. By participating in the race and submitting a signed exclusion of liability, every individual crew member confirms that they accept the conditions outlined in the exclusion of liability.
2. The rider is responsible for the behaviour of his/her crew members. Misconduct by a crew member can lead to the rider receiving a penalty or even being disqualified from TORTOUR. If



one crew member's behaviour is causing persistent problems, this person may be excluded from the event.

3. Each team must appoint a team leader and register this person with the race committee before the race begins. Information given to the team leader or substitute leader by the race committee, race committee, officials or race jury is always intended for the whole team (crew members and riders). The team leader or substitute leader is responsible for communication and passing on information within the team. Once appointed, the team leader or substitute leader speaks to officials on behalf of the whole team, including the riders, to report problems, share suggestions, etc. All other crew members should not speak to officials about race-related matters, unless the team leader or substitute leader is not available.
4. A team may provide support to other riders and teams participating in TORTOUR. However, providing other riders and teams with misleading instructions about the route is, forbidden..
5. Every team must be self-reliant. This includes communication between vehicles, the purchase of water and fuel, and the locating of filling stations and medical facilities along the route. Officials may only help the escort teams directly in the event of a medical emergency. A list of contacts for medical facilities located along the route will be provided by the TORTOUR organisers along with other race documents before the race begins.
6. One crew is not allowed to attend to several teams, i.e. an escort crew can support its assigned riders and team only. Under exceptional circumstances, of course, help may be provided to other competitors.
7. A crew member may change over to an opposing team, but only if his/her original team is officially out of the race. This does not apply to crew members who have been excluded from TORTOUR.
8. Should a team member knowingly ignore the rules to try to assist his/her rider, the other team members must try to intervene and then report any infringements to an official. All team members (both crew members and riders) are obliged to respect the rules.
9. The safety of riders, crew members, officials and other TORTOUR participants along the route has top priority. In the event of an emergency, full attention should be given to the injured person(s). Failure to assist in an emergency may lead to a time penalty or even disqualification.
10. If a rider loses time due to providing assistance in accordance with the previous point (provided his/her/the team's help was required and witnessed), the race committee will determine an appropriate time bonus to give the team.
11. Littering by crew members is forbidden and subject to a time penalty.
12. Urinating outdoors is generally discouraged, and prohibited when in close proximity to the road and visible to other road users. Noncompliance can lead to a time penalty.

5.3 REST AND RECOVERY FOR TEAMS AND RIDERS

1. There are no rules stipulating the number of hours riders may cycle and crew members may be on their feet before taking a break. However, officials can penalise a team if they believe that the sleep deprivation of one or more team members (riders or crew) is putting the safety of other participants at risk. If no adequately rested rider or crew member is available as a replacement, the official can also impose an immediate rest period of up to three hours on any member of the team.
2. It is the responsibility of the crew and/or riders to ensure that everyone in the team is rested and fit enough to safely continue the race.



5.4 RACING AT NIGHT AND SAFETY

1. When racing at night, the active riders' bicycle must be equipped with a working front light that is visible from a distance of 100 metres and a red rear light that is visible from a distance of 150 metres. These lights must shine continuously (no blinking).
2. Reflective adhesive tape or plastic reflectors must be attached to the bicycle in accordance with separate specifications.
3. During the race, crew members must wear fluorescent jackets whenever they are outside the escort vehicle (day and night).
4. Night-time hours are between **8:30 p.m. and 6:30 a.m.**
5. At night, follow-car mode is permitted but not mandatory. Any exceptions are specified in the Roadbook. The motor home of TTT teams may not be used in follow-car mode.
6. Riders must wear special reflective clothing when racing at night (8:30 p.m. to 6:30 a.m.). Further details are given separately.

6 ADDITIONAL RULES FOR TEAMS

Additional rules for teams apply to:

1. The race is divided into sections by timestations. Rider changes can be made at any time at all suitable places and do not necessarily have to be made at timestations.
2. In teams of 4 and 6, there are always 2 resp. 3 participants together on the road. The teams are free to choose which of the participants will ride which and how many sections. They are not obliged to determine this in advance. Only the last section has to be ridden by all participants together (team ride).
3. The participants on the course should always stay together in a compact group. At the time stations one of the arriving participants has to sign the timesheet.
4. The tracker is always with one of the participants on duty.
5. If a participant of a team drops out prematurely due to exhaustion/accident or other circumstances, he/she can be replaced by other participants. The remaining distance of the dropped out team member can be ridden by any team member to be determined by the team itself. The dropped out participant is not considered as a TORTOUR finisher. 6.
6. During the ride to the finish line the front wheel of the last rider of a team will be recorded for the scoring. If a team member fails to cross the finish line, he/she will not be considered a TORTOUR finisher.
7. Punishment for not following rules will be imposed on the whole team and not only on the guilty person. The whole team must stop at the last timestation or at a place determined by the race management or official to wait for the total time penalty.



7 RULES FOR BICYCLES/EQUIPMENT

7.1 BICYCLES

1. Bicycles used in the race must be powered solely by human effort.
2. All bicycles used must have a certificate of roadworthiness issued by the country where the bicycle is registered or where the owner of the bicycle resides.
3. Any number of bicycles and replacement parts may be used during the race. All bicycles used must comply with Point 7.1.2 and may be checked at any time during the race to ensure they meet the specifications (reflectors, etc.).
4. The use of windscreens, fairings and airfoils is forbidden. Aerobars and their accessories are permitted. "Wind scoops" under or around the handlebars are not permitted, as these equate to fairings.
5. Disc wheels, composite spoke wheels and wheel covers are permitted.
6. The race committee reserves the right to disallow, either before or during the race, any bicycle or component that is deemed unacceptable for the TORTOUR race by the race committee. It is the responsibility of the participant to bring any non-standard or unconventional equipment to the attention of the race committee before the race begins in order to gain approval.
7. Special categories (e.g. tandem bikes, recumbent bikes and other human-powered vehicles) may be created for a particular race in order to allow for the use of modified equipment.
8. During night racing, the bicycles in use must be equipped with a working front light that is visible from a distance of 100 metres and a red rear light that is visible from a distance of 150 metres. These lights must shine continuously (no blinking).
9. Your safety is our most important duty. Before 06:30 AM and after 08:30 PM and in conditions that limit visibility (such as fog), lights are mandatory at the front (white) and rear (red). In order to keep visibility as high as possible during the day, we recommend leaving the lights on. In addition, the bike mandatorily equipped with reflectors front (white) and rear (red).

7.2 CLOTHING

1. Racing and windproof clothing (clothes that minimise wind resistance; skinsuits) are permitted. Attaching fairings to clothing is not allowed.
2. When racing at night between the hours of 8:30 p.m. and 6:30 a.m., cyclists must wear special reflective clothing. Details will be provided separately.
3. Crew members must wear high-visibility jackets whenever they are outside the vehicle during the race (day and night). The same applies to cyclists who are not active.
4. We explicitly remind all athletes to ensure they carry enough suitable clothing with them throughout the race. Weather conditions can present a challenge, particularly when crossing mountains. This is exclusively a matter for the participant.

8 RACE START / FINISH

1. Race start: The start takes place per category directly from the event location. Details will follow via separate info.



2. Finish: All finishers will ride directly to the finish stage. Relatives and friends can wait there for the participants and receive them properly. Details will follow via separate information.

9 RACE ROUTE

1. All cyclists must follow the instructions laid out in the official TORTOUR Roadbook. This also applies to exiting and re-joining cantonal roads, as well as other detailed route commands. The only exception to these rules occurs if roadworks or other unforeseen circumstances (e.g. errors in the given directions) make a route change necessary. In these sections, the riders must follow directions provided by either an official or the race committee.

The directions and maps provided in the official TORTOUR Roadbook are the only official route documentation. If there are discrepancies between the additional navigational equipment and the official TORTOUR Roadbook, the official TORTOUR Roadbook should be taken as definitive. Only route alterations communicated by officials or the race management allow for any deviation from the official TORTOUR Roadbook.

2. If a rider deviates from the correct route and continues to cycle off-course for whatever reason, the rider must cycle or be driven by the escort vehicle back to the point where the deviation occurred, then continue the race from that point.

If a deviation occurs as a result of a mistake in the TORTOUR directions (wrong or unclear instructions), the race committee will grant an appropriate time bonus. This bonus can only be granted provided the participant presents a written record of the exact time, distance, and location of the deviation, together with the respective error in the Roadbook. The granting of time bonuses is the sole discretion of the race committee.

3. Solo riders may not be transported along the course unless travelling to a hotel or in an emergency situation. Riders must then return to the point they left the course in order to continue the race.

10 COMMUNICATION DURING THE RACE

10.1 GENERAL

The rider must sign in at each timestation in the timesheet. The passage time of the participant must be entered in this list and confirmed by signature. In teams of 2, 4 and 6, one of the participants arriving at the timing station must fulfill this obligation.

Any important messages from the race committee, the race office or the race jury are communicated to the team leader or substitute leader. Information, penalties, etc. can be communicated verbally (e.g. via telephone) or in writing (e.g. via text message, e-mail, or on paper).

Information given to the team leader or substitute leader by the race committee, race committee, race jury or race officials is always intended for the whole team (crew members and riders). The team leader or substitute leader is responsible for communication and passing on information within the team.

Important information from the race committee, the race committee or the race jury can also be passed directly on to the rider, team leader or substitute leader via officials at the time stations.

During the race, each team must be in possession of **two mobile phones** to allow for permanent contact. Both numbers must be left with the race office upon registration. From the start to the official end of the race, the team must be contactable at all times via at least one of these two numbers.



10.2 PROCEDURE AT TIME STATIONS

1. The location of each time station is clearly marked (see Roadbook). Riders and crew must follow all route instructions to reach the time stations, which are clearly signposted and recognisable.
2. Upon arrival at the time station, all riders (in teams one of the arriving riders) must sign in by entering their split time and signature on the timesheet.
3. Failure to sign in at a time station results in a penalty for the rider or team and can even lead to disqualification.

10.3 WHERE TO FIND INFORMATION

1. The TORTOUR website is the best source for detailed race information.
2. Crew members can obtain information on rankings, imposed penalties and other riders who have dropped out of the race via the TORTOUR website or from the race committee.

10.4 OTHER INCIDENTS TO BE REPORTED

Team members must inform the race committee immediately in the following instances:

1. If a rider has to drop out of the race due to exhaustion or an accident, or for any other reason
2. If a rider is seriously delayed (over 30 minutes) due to taking a wrong turn or for any other reason
3. If a rider or crew member drops out of the race
4. In case of unforeseen incidents along the course (roadworks, accidents, road closures, etc.)

10.5 TRACKING

Every participating rider/team receives a tracking device on loan from the organisers. These devices are issued just before the start of the race. The use of the tracking device is obligatory for all participants. The tracking device must be with/on the participant/race bike during the entire race. In teams of 2, 4 and 6, the tracking device is always with a participant present on the course.

The tracking devices provide the following benefits:

1. The current position of each team is recorded, which allows the race to be always followed.
2. All tracking points of the participating rider/teams are recorded and can, if necessary, be analysed and checked by the race committee.
3. "Lost" participants can always be located via the tracking device. A web application on tortour.com (also available via mobile apps) plots the position of all participants.
4. Teams and spectators can follow developments in the race closely, even between time stations.

All tracking devices must be returned immediately after the riders cross the finish line. Teams must pay CHF 200 for any tracking devices that are lost, destroyed, or not returned.



11 MEDIA TEAMS

1. The TORTOUR organisers will invite independent media teams to cover the race in a fair, safe, and neutral manner.
2. Media teams invited by participants must register with the TORTOUR organisers 14 days before the start of the race. A fee may be charged for the provision of the necessary vehicle signs and stickers.
3. Media teams invited by participants are considered as part of the team that has commissioned them, but do not count as part of that team's vehicle and crew contingent.
4. Media teams may not offer assistance to any team participating in the race. Any such assistance will lead to a time penalty or disqualification, for the team who solicited the help and perhaps also for the competing team that commissioned the media team in question. This does not apply if the help is provided in an emergency.
5. Media team vehicles are subject to the same specifications as escort vehicles.

12 SPONSORS

1. The organisers can demand that the name or logo of a sponsor is displayed on the clothing and/or vehicles of race participants.
2. Neither the brand name nor the logo of tobacco and alcohol products (excluding beer and wine) may be displayed on the clothing or vehicles of race participants.
3. The organisers reserve the right to ban the placement of unsuitable sponsor names or logos both before and during the race (e.g. by demanding they be covered up).

13 MEDICAL PARTNERS

The organisers have devised a medical concept that includes coverage for medical assistance in the start/finish area. Along the TORTOUR course, the concept is based on the emergency services 144 (paramedics), 1414 (REGA air rescue) and hospitals located along the route.

Each participant is fundamentally responsible for his/her own health and cannot hold the organisers or their partners (particularly medical partners) responsible for any general health problems that might arise from participating in TORTOUR.
